

Personal Development Overview at St Mary's

	PHSE/RHSE Curriculum	RE Curriculum	Other Curriculum/ Lancashire EYFS	Routes to Resilience	Collective Worship (inc themes)	Other
Fundamental British values of democracy, individual liberty, the rule of law and mutual respect and tolerance	Being Responsible Bullying Matters		ELG – Managing Self ELG Self-Regulation ELG Building Relationships English – persuasion & debate		Peace liturgies Remembrance Black History Charity	Class rules House Captains (voting) Behaviour Strategies
Promoting equality of opportunity so that all pupils can thrive together, understanding that difference is a positive, not a negative, and that individual characteristics make people unique	Difference & Diversity Being Me	EYFS – Myself Y1 – Neighbours	Black History Y6 ELG – People, Culture & Communities		Grandparents gardening Day Family	Behaviour Strategies
Promoting an inclusive environment that meets the needs of all pupils, irrespective of age, disability, gender reassignment, race, religion or belief, sex or sexual orientation (Protected Characteristics)	Being Me Difference & Diversity	Other Faiths weeks EYFS – Myself EYFS – Our World	Continuous Provision in EYFS & Y1 ELG – People, Culture & Communities		Diversity Family	Ethos ELSA Relationships: staff/pupils Pupils/pupils School/Parents Staff/Staff
Developing pupils' character, which we define as a set of positive personal traits, dispositions and virtues	Exploring emotions Being Me Being Responsible	Running through RE curriculum eg Respond EYFS – Myself	ELG – Managing Self ELG Self-Regulation ELG Building Relationships	R2R	Reconciliation Gratitude Forgiveness Preparing & Leading Acts of Worship	Faith in Action Pupil Chaplaincy Eco Leaders Digital Leaders Monitor roles
Developing pupils' confidence, resilience and knowledge so that they can keep themselves mentally healthy	Being Healthy Drug Education Being Safe		ELG – Managing Self	R2R		ELSA

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Recognise online and offline risks to their well-being: for example, risks from criminal and sexual exploitation, domestic abuse, female genital mutilation, forced marriage, substance misuse, gang activity, radicalisation and extremism	Drug Education Being Responsible Being Safe		ICT Curriculum			Internet Safety Visits by Police (Y5&6) NSPCC Visits
Recognise the dangers of inappropriate use of mobile technology and social media	Being Responsible Being Safe		ICT Curriculum & guidance (From EYFS)			Warning Zone Internet Safety Visits by Police Digital Leaders
Keep physically healthy, eat healthily and maintain an active lifestyle, including giving ample opportunities for pupils to be active during the school day and through extra-curricular activities	Being Healthy Food For life	Food for life	PE Curriculum inc EYFS Science Curriculum 'Fighting Fit' Y2 'Moving & Growing Y3 Food for life	Food for life	Sport & Exercise Food for life	Daily Exercise After School Clubs Sports Coach led activities Food for life
Age-appropriate understanding of healthy relationships through appropriate relationships and sex education	Changes/Journey in Love Exploring Emotions					
Readiness for the next phase of education, training or employment so that pupils are equipped to make the transition successfully	Money Matters				Jobs & Careers	Careers Week