



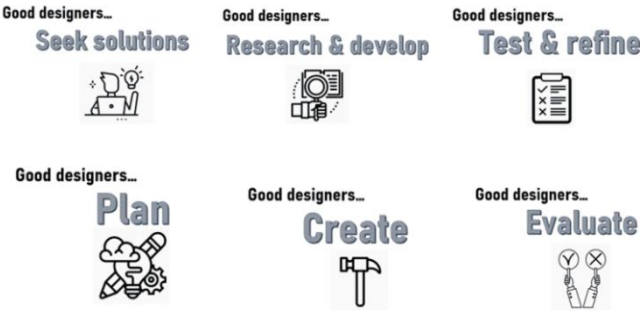


Subject: Design & Technology	Year Group: 1	Term: Lent 1	Title: Growth and Green Fingers (cooking- fruit salads)											
	<p><b>Key Knowledge:</b></p> <ul style="list-style-type: none"><li>• The difference between fruits and vegetables</li><li>• Which fruits complement each other in a fruit salad?</li><li>• The importance of healthy eating to a healthy lifestyle</li><li>• How packaging can be used to make products more appealing to customers</li></ul> 	<p><b>Key Questions:</b></p> <ul style="list-style-type: none"><li>• Product- what meal could we make?</li><li>• Purpose- what mealtime can we prepare for? Breakfast, Lunch or Dinner?</li><li>• User- who is going to enjoy it?</li><li>• How do we prepare a fruit salad hygienically?</li><li>• How do we cut, peel, grate and chop fruits safely?</li></ul> 												
<p><b>Key Skills:</b></p> <ul style="list-style-type: none"><li>• Evaluating existing products</li><li>• Designing a product based on existing products and their own ideas</li><li>• Selecting ingredients for a fruit salad</li><li>• To group fruits and vegetables</li><li>• To cut, peel, grate and chop a range of ingredients</li><li>• To work safely and hygienically</li><li>• Evaluating my own and others' work</li></ul> 	<p><b>Good Designers...</b></p> 	<p><b>Key Vocabulary and Definitions:</b></p> <table><tr><td><b>Healthy</b></td><td>be free from sickness; well; fit</td></tr><tr><td><b>Unhealthy</b></td><td>in bad health; ill</td></tr><tr><td><b>Hygiene</b></td><td>the practice of keeping clean to stay healthy</td></tr><tr><td><b>Product</b></td><td>something made by means of either human work or that of a machine</td></tr><tr><td><b>Purpose</b></td><td>a reason or plan that guides an action, design or goal</td></tr><tr><td><b>Ingredients</b></td><td>one of the parts of a mixture</td></tr></table>	<b>Healthy</b>	be free from sickness; well; fit	<b>Unhealthy</b>	in bad health; ill	<b>Hygiene</b>	the practice of keeping clean to stay healthy	<b>Product</b>	something made by means of either human work or that of a machine	<b>Purpose</b>	a reason or plan that guides an action, design or goal	<b>Ingredients</b>	one of the parts of a mixture
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Academic Year 2025-2026

