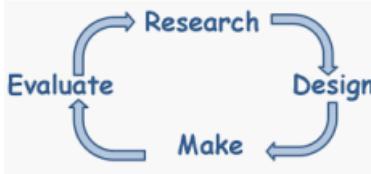


Subject: Design & Technology	Year Group: 1	Term: Lent 1	Title: Growth and Green Fingers (cooking- fruit salads)											
 	<p>Key Knowledge:</p> <ul style="list-style-type: none"> The difference between fruits and vegetables Which fruits complement each other in a fruit salad? The importance of healthy eating to a healthy lifestyle How packaging can be used to make products more appealing to customers  	<p>Key Questions:</p> <ul style="list-style-type: none"> Product- what meal could we make? Purpose- what mealtime can we prepare for? Breakfast, Lunch or Dinner? User- who is going to enjoy it? How do we prepare a fruit salad hygienically? How do we cut, peel, grate and chop fruits safely?  												
<p>Key Skills:</p> <ul style="list-style-type: none"> Evaluating existing products Designing a product based on existing products and their own ideas Selecting ingredients for a fruit salad To group fruits and vegetables To cut, peel, grate and chop a range of ingredients To work safely and hygienically Evaluating my own and others' work 	<p>Good Designers...</p>      	<p>Key Vocabulary and Definitions:</p> <table border="1"> <tr> <td>Healthy</td><td>be free from sickness; well; fit</td></tr> <tr> <td>Unhealthy</td><td>in bad health; ill</td></tr> <tr> <td>Hygiene</td><td>the practice of keeping clean to stay healthy</td></tr> <tr> <td>Product</td><td>something made by means of either human work or that of a machine</td></tr> <tr> <td>Purpose</td><td>a reason or plan that guides an action, design or goal</td></tr> <tr> <td>Ingredients</td><td>one of the parts of a mixture</td></tr> </table>	Healthy	be free from sickness; well; fit	Unhealthy	in bad health; ill	Hygiene	the practice of keeping clean to stay healthy	Product	something made by means of either human work or that of a machine	Purpose	a reason or plan that guides an action, design or goal	Ingredients	one of the parts of a mixture
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Academic Year 2025-2026

