

SEND Newsletter September - 2022-23

'Every teacher is a teacher of SEND pupils'

A Message from the SENDCo, Mr. Bray:

Hello everybody, I am thrilled to be writing to you as the new SENDCo at St Mary's. This month, I have been very busy meeting parents of children with SEND and have a clear plan going forward. **'Every teacher is a teacher of SEND pupils'** will be at the heart of what we do here. This monthly newsletter will give you plenty of information on SEND. I hope you will find lots of useful information! Take care.



September's theme is... ELSA's

What we do in school:

In school, we have **two trained ELSAs (Emotional Literacy Support Assistants)**: Mrs Watkins and Mrs Buccheri. Our ELSAs will help children learn to understand their emotions and respect the feelings of those around them. Speak to your child's class teacher if you have any concerns about your child in this area.

What you can try at home:

Create a calm down kit - get your child to design their own box of items that can calm them down (colouring, a teddy bear, a toy).

Practice counting to calm down - take a deep breath in through your nose, count 5-seconds, take a deep breath out through your mouth.

It's ok to make mistakes - children need to learn that making mistakes is part of life. Show them mistakes, talk to them about mistakes - teach them it's ok to make mistakes.



Loss and bereavement
Self-esteem
Social skills
Emotions
Friendship issues
Relationships
Anger management
Behaviour
Anxiety
Bullying
Conflict
Relaxation techniques



Q & A:

What is SEN?

The actual definition of SEN is that *'a child has significantly greater difficulty in learning than other children the same age.'* However, it is true that all children learn at different speeds and our teachers are very aware how important it is to identify children who may have difficulties with their learning.

I think my child has SEND. What should I do?

Arrange to meet with your child's class teacher to talk through your concerns. It is a good idea to ask for a meeting rather than just trying to catch the teacher at the end of the school day.

Useful Contacts:

SENDIASS Leicestershire - 0116 305 5614 - offers free, confidential information and advice to parents of young people aged 0-25 with special educational needs or disabilities.