



Academic Year 21-22

Whole School Medium Plan- Subject RSE/PSHE

State if it is not a lead subject: but standalone/ ongoing	Week: teachers to date	Advent 1 Module 1	Advent 2	Lent 1 Module 2	Lent 2	Pentecost 1 Module 3	Pentecost 2
EYFS	1	Unit 1 Religious understanding Handmade with love	Unit 3 Emotional well-being I like, you like, we all like	Unit 1 Religious understanding Role model	Unit 3 Keeping Safe Safe inside and out	Unit 1 Religious understanding	Unit 2 Living in the wider world
	2	Unit 2 Me, my body, my health I am me	Unit 3 Good feelings, Bad feelings	Unit 2 Personal Relationships Who's who	Unit 3 My body, my rules	Unit 1 God is Love	Unit 2 Me, You, us
	3	Unit 2 Heads, shoulders, knees and toes	Unit 3 Let's Get real	Unit 2 You've got a friend in me	Unit 3 Feeling Poorly	Unit 1 Loving God, Loving others	
	4	Unit 2 Ready teddy ?	Unit 4 Life cycles Growing up	Unit 2 Forever Friends	Unit 3 People who help us		
Y1	1	Unit 1 Let the Children come	Unit 2 Clean and Healthy (part 1)	Unit 1 God loves you	Unit 2 Treat others well	Unit 1 Three in One	
	2	Unit 2 I am unique	Unit 2 Clean and Healthy (Part 2)	Unit 2 Special People	Unit 2 ...and Say Sorry	Unit 1 Who is my neighbour ?	
	3	Unit 2 Girls and Boys					
Y2	1	Unit 3 Feelings, likes and dislikes	Unit 3 Super Susie gets angry	Unit 3 Being Safe	Unit 3 Harmful Substances	Unit 2 The Communities we live in	
	2	Unit 3 Feeling Inside out	Unit 4 The Cycle of Life	Unit 3	Unit 3 Can you help me ?		

				Good secrets and bad secrets	(part 1)		
	3			Unit 3 Physical contact	Unit 3 Can you help me ? (part 2)		
Y3	1	Unit 1 Get Up!	Unit 3 What am I feeling ?	Unit 1 Jesus my friend	Unit 2 Friends, family and others	Unit 1 A community of love	Unit 1 What is the church ?
	2	Unit 1 The Sacraments	Unit 3 What am I looking at?		Unit 2 When things feel bad		
	3		Unit 3 I am thankful				
Y4	1	Unit 2 We don't have to be the same	Unit 2 Changing bodies	Unit 3 Sharing online	Unit 3 Drugs, alcohol and tobacco	Unit 2 How do I love others ?	
	2	Unit 2 Respecting our bodies	Unit 4 Life cycles	Unit 3 Chatting online	Unit 3 First Aid heroes		
	3	Unit 2 What is puberty ?		Unit 3 Safe in my body			
Y5	1	Unit 1 Calming the storm	Unit 2 Spots and sleep	Unit 1 Is God calling you ?	Unit 2 Do you want a piece of cake ?	Unit 1 The Trinity	
	2	Unit 2 Gifts and talents	Unit 3 Body Image	Unit 2 Under pressure	Unit 2 Self-talk	Unit 1 Catholic Social Teaching	
	3	Unit 2 Girls bodies	Unit 3 Peculiar feelings				
	4	Unit 2 Boys Bodies					
Y6	1	Unit 3 Emotional Changes	Unit 4 Making Babies (part 2)	Unit 3 Sharing isn't always caring	Unit 3 Impacted lifestyles	Unit 2 Reaching Out	
	2	Unit 3 Seeing Stuff Online	Unit 4 Menstruation	Unit 3 Cyberbullying	Unit 3 Making Good choices		
	3	Unit 4		Unit 3	Unit 3		

		Making Babies (part 1)		Types of Abuse	Giving Assistance		
Whole school		Class Rules and School Rules, Routines and Responsibilities, Green Week, NSPCC Y4-6	Diwali Festival, KS1 Fire Service visit, Bonfire Night Safety, Black History Month, Anti-Bullying Week	Internet Safety Week Mental Health Week KS2 Police Visit	Lenten Fundraising World Water Day NSPCC 4+ - Year 3	Earth Day Road Safety Mental Health Week	Healthy Eating Week Sports Day