



Programme Overview

2026

All statutory RSHE content is included within the core Life to the Full programme.

Stage	Module 1 Created and Loved by God				Module 2 Created to Love Others				Module 3 Created to Live in Community	
Topic	Unit 1 Religious Understanding	Unit 2 Me, My Body, My Health	Unit 3 Emotional Well-Being	Unit 4 Life Cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Life Online	Unit 4 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World
EYFS	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity
	Story Sessions Handmade With Love	Session 1 I Am Me Session 2 Heads, Shoulders, Knees and Toes Session 3 Ready Teddy? S1 S2	Session 1 I Like, You Like, We All Like! Session 2 All the Feelings! Session 3 Let's Get Real	Session 1 Growing Up Session 2 New People, New Places S1 S2 S3 S4 S5	Session 1 Role Model	Session 1 Who's Who? S1 Session 2 You've Got A Friend In Me Session 3 Forever Friends	Session 1 What is the Internet? Session 2 Playing Online	Session 1 Safe Inside and Out Session 2 My Body, My Rules Session 3 Feeling Poorly Session 4 People Who Help Us	Session 1 God is Love Session 2 Loving God, Loving Others	Session 1 Me, You, Us Session 2 When I Grow Up... S1 S2 S3 S4 Session 2 'Money Doesn't Grow On Trees' S1 S2 S3 S4 S5 S6
KEY Orange = existing sessions, with small tweaks to be made Green = existing sessions undergoing content and creative redevelopment Blue = brand new content										



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Key Stage 1	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity
	Story Sessions Let the Children Come	Session 1 I Am Unique Session 2 Girls and Boys Session 3 Clean and Healthy (My Body) S1 S2 S3 S4 S5	Session 1 Feelings, Likes and Dislikes Session 2 Feeling Inside Out Session 3 Super Susie Gets Angry	Session 1 The Cycle of Life Session 2 Beginnings and Endings Session 3: Change Is All Around S1 S2 S3 S4	Session 1 God Loves You	Session 1 Special People S1 Session 2 Treat Others Well... Session 3 ...and Say Sorry	Session 1 Real Life Online Session 2 Rules to Help Us	Session 1 Good and Bad Secrets Session 2 Physical Contact Session 3 Harmful Substances Session 4 Can You Help Me? (Part 1) Session 5 Can You Help Me? (Part 2)	Session 1 Three in One Session 2 Who is My Neighbour?	Session 1 The Communities We Live In Session 2 Who Will I Be? S1 S2 S3 S4 S5 Session 3 Needs and Wants S1 S2 S3 S4 S5
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