



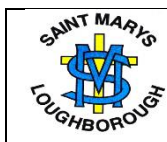
Medium Term Plan – Advent 2026-2027

Module 1: Created and Loved by God

Advent 1	1 x lesson per week	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
		Unit 1 Religious Understanding Baseline Assessment	Unit 1 Religious Understanding Baseline Assessment	Unit 3: Emotional Well-Being Baseline Assessment	Unit 1 Religious Understanding Baseline Assessment	Unit 3: Emotional Wellbeing Baseline Assessment	Unit 1 Religious Understanding Baseline Assessment	Unit 3: Emotional Well-Being Baseline Assessment
		Session 1: Handmade With Love- DAY 1, 2, 3	Session 1: Let the children come – DAY 1	Session 1: Feelings, likes and Dislikes	Session 1: Story sessions Get up! DAY 1	Session 1: What am I feeling? Classroom short	Session 1: Calming the storm Story sessions DAY 1	Session 1: Body Image
		Session 1: Handmade With Love- DAY 4 & 5	Session 1: Let the children come – DAY 2	Session 2: Feeling inside out	Session 1: Story sessions Get up! DAY 2	Session 2: What am I looking at?	Session 2: Calming the storm Story sessions DAY 2	Session 2: Peculiar feelings
		Endpoint Assessment	Session 1: Let the children come – DAY 3	Session 3: Super Susie gets angry	Session 1: Story sessions Get up! DAY 3	Session 3: I am thankful	Session 3: Calming the storm Story sessions DAY 3	Session 3: Emotional changes
		Unit 2: Me, My Body, My Health Baseline Assessment	Session 1: Let the children come – DAY 4	Endpoint Assessment	Session 1: Story sessions Get up! DAY 4	Endpoint assessment	Session 4: Calming the storm Story sessions DAY 4	Session 4: Seeing online stuff

		Session 1: I am me	Session 1: Let the children come – DAY 5	Diversity beyond families (consider catholic ethos)	Session 1: Story sessions Get up! DAY 5	Healthy and unhealthy friendships	Session 5: Calming the storm Story sessions DAY 5	Endpoint Assessment
		Session 2: Heads, shoulders, knees and toes.	Endpoint assessment	Diversity beyond families (consider catholic ethos)	Session 2: The Sacraments	Healthy and unhealthy friendships	Endpoint Assessment	Cyberbullying
		Session 3: Ready teddy Endpoint Assessment	Antibullying focus	Antibullying focus	Endpoint assessment	Antibullying focus	Antibullying focus	Antibullying focus
		HALF TERM						
Advent 2	1 x lesson per week	Unit 3: Emotional Wellbeing Baseline Assessment	Unit 2: Me, My Body, My Health Baseline Assessment	Unit 4: Life Cycles Baseline Assessment	Unit 2: Me, My Body, My Health Baseline assessment	Unit 4: Life Cycles Baseline Assessment	Unit 2: Me, My Body, My Health Baseline Assessment	Unit 4: Life Cycles Baseline assessment
		Session 1: I like, You like, We all like!	Session 1: I am unique	Session 1: The Cycle of Life	Session 1: We don't have to be the same	Session 1: Life Cycles	Session 1: Gifts and Talents	Session 1: Making babies (part 1)
		Session 3: Let's get real	Session 2: Girls and Boys	Session 2: Beginnings and Endings	Session 2: Respecting our bodies Classroom short	Session 2: A time for everything	Session 2: Girls' Bodies	Session 2: Making babies (part 2)
		Endpoint Assessment	Session 3: Clean and Healthy (My body) –	Session 3: Change is all around –	Session 3: What is Puberty?	Session 3: Big changes, Little Changes	Session 3: Boys' Bodies	Session 3: Menstruation

			Classroom shorts	classroom shorts		Classroom shorts		
		Unit 4: Life Cycles Baseline Assessment	Endpoint Assessment	Endpoint Assessment	Session 4: Changing bodies	Endpoint assessment	Session 4: Spots and Sleep Classroom shorts	Session 4: Hope beyond Death
		Session 1: Growing up	Families (consider catholic ethos)	Families (consider catholic ethos)	Session 5: Male/Female discussion groups	Media literacy	Endpoint assessment	Session 5: Coping with change Classroom shorts
		Session 2: New people, New places – Classroom shorts.	Y1- Fire Safety (visit from Leics Fire Fighters)		Endpoint Assessment		Body image	Endpoint assessment
		Endpoint Assessment					Y5- Fire Safety (visit from Leics Fire Fighters)	
			Road safety focus					
		British values & Protected Characteristics week						



Medium Term Plan – Lent 2026-2027

Module 2: Created to Love Others

Lent 1		EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
1 x lesson per week		Unit 1 Religious Understanding Baseline Assessment	Unit 1: Religious Understanding Baseline Assessment	Unit 3: Life online Baseline Assessment	Unit 1: Religious Understanding Baseline Assessment	Unit 3: Life online Baseline Assessment	Unit 1 Religious Understanding Baseline Assessment	Unit 3: Life online Baseline Assessment
		Session 1: Role Model.	Session 1: God loves you	Session 1: Real life online	Session 1: Story sessions DAY 1 Jesus, My Friend	Session 1: Sharing Online	Session 1: God is calling you	Session 1: Sharing isn't always caring
		Endpoint Assessment	Endpoint assessment	Session 2: Rules to help us Endpoint assessment	Session 2: Story sessions DAY 2 Jesus, My Friend	Session 2: Chatting online Classroom short	Endpoint assessment	Session 2: Cyberbullying Classroom short
		Unit 2: Personal Relationships Baseline Assessment	Unit 2: Personal Relationships Baseline Assessment	Unit 4: Keeping safe Baseline Assessment	Session 3: Story sessions DAY 3 Jesus, My Friend	Endpoint assessment	Unit 2: Personal Relationships Baseline Assessment	Endpoint Assessment 27th Jan- Warning Zone Enrichment.
		Session 1: Who's Who? Classroom short	Session 1: Special people Classroom short	Session 1: Good and Bad secrets	Session 4: Story sessions DAY 4 Jesus, My Friend	Unit 4: Keeping safe Baseline Assessment	Session 1: Under pressure Classroom short	Unit 4: Keping Safe Baseline Assessment
		Session 2: You've got a friend in me.	Session 2: Treat others well...	Session 2: Physical Contact	Endpoint assessment	Session 1: Safe in My Body	Session 2: Do you want a piece of cake?	Session 1: Types of Abuse Classroom Shorts

		Session 3: Forever friends Endpoint Assessment	Session 3: ...and say sorry Endpoint Assessment	Session 3: Harmful substances		Session 2: Recognising risk Classroom short	Session 3: Self-Talk	Session 2: Impacted Lifestyles Classroom Shorts
		HALF TERM						
Lent 2	1 x lesson per week	Unit 3: Life online Baseline Assessment	Progressive teaching of consent and body autonomy	Session 4; Can you help me? (Part 1)	Unit 2: Personal Relationships Baseline Assessment	Session 3: Drugs, Alcohol and Tobacco	Session 4: Confidence VS control	Session 3: Making Good Choices
		Session 1: What is the internet?	Progressive teaching of consent and body autonomy	Session 5: Can you help me? (Part 2)	Session 1: Family, Friends and others... Classroom short	Session 4: First Aid Heroes	Session 5: Build Others Up Classroom shorts	Session 4: Giving assistance
		Session 2: Playing online	Progressive teaching of consent and body autonomy	Endpoint assessment	Session 2: When things feel bad	Session 5: Rights and Responsibilities Classroom Shorts	Endpoint assessment	Endpoint assessment
		Endpoint Assessment			Session 3: Balancing Needs Endpoint assessment	Endpoint assessment		



Medium Term Plan – Pentecost 2026-2027

Module 3: Created to Live in Community

Summer 1	1 x lesson per week	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
		Unit 4: Keeping safe Baseline assessment	Unit 1: Religious Understanding Baseline assessment	Unit 2: Living in the Wider World Baseline assessment	Unit 1: Religious Understanding Baseline assessment	Unit 2: Living in the Wider World Baseline assessment	Unit 1: Religious Understanding Assessment	Unit 2: Living in the Wider World Assessment
		Session 1: Safe inside and out	Session 1: Three in One	Session 1: The Communities we Live in.	Session 1: A community of Love	Session 1: How do I love others?	Session 1: The Holy Trinity	Session 1: Reaching out
		Session 2: My body, My rules	Session 2: Who is my neighbour?	Session 2: Who will I be? Classroom shorts	Session 2: What is the Church?	Session 2: Working Together Classroom shorts	Session 2: Catholic Social Teaching	Session 2: The World of Work Classroom Shorts
		Session 3: Feeling poorly	Endpoint assessment	Session 3: Needs and Wants Classroom shorts	Endpoint Assessment	Session 3: Money Matters Classroom shorts	Endpoint Assessment	Session 3: Money and Me Classroom shorts
		Session 4: People who help us Endpoint Assessment	Emotional regulation strategies	Endpoint Assessment	Consent and personal boundaries	Endpoint assessment	Consent and coercion	Endpoint assessment
		Unit 1: Religious Understanding Baseline assessment	Emotional regulation strategies	Emotional regulation strategies	Consent and personal boundaries	Anxiety/stress coping strategies	Consent and coercion	Consent and coercion

						Anxiety/stress coping strategies		
		Session 1: God is love	Emotional regulation strategies	Emotional regulation strategies	Consent and personal boundaries	Anxiety/stress coping strategies	Protected characteristics	Consent and coercion
		Session 2: Loving God, Loving others. Endpoint assessment	Emotional regulation strategies	Emotional regulation strategies	Consent and personal boundaries	Anxiety/stress coping strategies	Protected characteristics	Protected characteristics
	HALF TERM							
Summer 2	1 x lesson per week	Unit 2: Living in the wider world Baseline Assessment	Sun and water safety week					
		Session 1: Me, You, Us	Medicine and staying safe	Critical thinking online	KS2- Money focus weeks (Natwest workshops)			
		Session 2: when I grow up... Classroom shorts	Railway safety (visit the station?)	Railway safety (visit the station?)				
		Session 3: 'Money doesn't grow on trees' Classroom short	Railway safety (visit the station?)	Railway safety (visit the station?)				
		Endpoint assessment	Online safety- Online monetization					

***Ten Ten Programme Pathway:** 2-year cycle over 3 terms. This Programme Pathway delivers the programme over 3 terms on a 2-year cycle. This means that the learning stages (EYFS, KS1, LKS2 and UKS2) are spread over 2 years. The RSHE curriculum is supplemented by additional sessions to support pupils' personal development and PSHE curriculum over the academic year (see highlighted in blue).*

Cross phased (KS1 & KS2) checks for progression – blue boxes.